



# Monte Gordo Beach Half Marathon

## Regulation

### 1- Organizing committee

Grupo Desportivo Pic-Nic and the Municipality of Vila Real de Santo António, in association with the Algarve Athletics Association, the National Maritime Authority and the Masters Athletics Club will organize, on 28th April 2024, at 10:30 an athletics event: **Monte Gordo Beach Half Marathon**.

Included in Half Marathon program, there will a 10.5 km race, called **Monte Gordo Beach Mini Marathon**.

### 2- Course

**2.1-** The course is the same for both events, between the beaches of Altura and Coelho (Monte Gordo). The start and the finish will be near the Monte Gordo Casino.

**2.2-** The Half Marathon Beach course will be entirely on the beach and will consist of 2 laps, with 21,097 meters.

**2.3-** The Mini Marathon course will also be entirely on the beach and will consist of 1 lap, with 10,540 meters.

### 3- Refreshments

**3.1-** There will be refreshment areas at 4km, 7,5km, 11km, 14,5km and 18km.

**3.2-** 200 meters after each refreshment area, there will be some dustbins where the athletes must deposit their bottles after use.

**3.3-** Athletes must comply with this rule so that we may all contribute to protect the environment.

## **4- Athletes/ Categories**

**4.1-** Athletes born in 2006 or before may register for this race, according to the following categories:

<b>Categories</b>	<b>Year of birth/age</b>
SENIOR (MEN/WOMEN)	2004 and before
MASTERS (F 35 and M 35)	35 to 39 years old
MASTERS (F 40 and M 40)	40 to 44 years old
MASTERS (F 45 and M 45)	45 to 49 years old
MASTERS (F 50 and M 50)	50 to 54 years old
MASTERS (F 55 and M 55)	55 to 59 years old
MASTERS (F 60 and M 60)	60+ years old

**NOTE:** In the Masters' categories the ages refer to the day of the competition.

**4.2-** Every athlete is responsible for his/her physical and mental ability for the event, hereby agreeing with the disclaimer in number 13 of this regulation.

## **5- Entries**

**5.1-** All athletes must register at [www.crono.aalgarve.org](http://www.crono.aalgarve.org) .

**5.2-** Pricing:

**Half Marathon:**

15 Euros until 31st January 2024

18 Euros until 31st March 2024

20 Euros until 14th April 2024 (no entries will be accepted after this date)

**Mini Marathon:**

10 Euros until 31st January 2024

12 Euros until 31st March 2024

15 Euros until 14th April 2024 (no entries will be accepted after this date)

**5.3-** Entries must be paid by Multibanco or PayPal, which will be available at checkout in [www.cronoaaalgarve.org](http://www.cronoaaalgarve.org).

The Multibanco reference expires after 24 horas. After this deadline, the entry will be automatically deleted if the payment is not carried out.

**Athlete or teams must provide an email address to receive the entry confirmation.**

**5.4-** Entries are personal and cannot be transferred.

**5.5-** All changes to the entries must be requested until 20th April 2024 by email: [algarve@aaalgarve.org](mailto:algarve@aaalgarve.org)

## **6- Bib number (athlete's kit)**

**6.1-**All athletes registered in the competition may receive the bib numbers and the athlete's kits:

**a)** On 26th April (Friday), at the Grupo Desportivo Pic-Nic headquarters, located on Av. Ministro Duarte Pacheco (near Vila Real de Santo António's Hall) between 3pm and 8pm.

**b)** On 27th April (Saturday), at the TIC in Monte Gordo, near the Casino (eastern side) between 10am and 1pm and between 3pm and 8pm.

**c)** On the day of the competition, 28th April, at the TIC between 8am and 10am

**6.2-** In order to receive the bib number and the athlete's kit all athletes must show the confirmation email and their IDs.

**6.3-** The bib numbers must not be bent, crushed or torn because they have a chip that identifies the athlete.

**6.4-** The bib number must be worn at the front with 4 safety pins. The Organizing Committee will not provide any pins.

**6.5-** If the bib number is damaged or incorrectly worn, the timing system may not detect it and the athlete will not be classified.

**6.6-** The athlete's kit includes:

- a) A bag
- b) a t-shirt
- c) a cap

**\*all personalized with the event's logo.**

**6.7-** The Organizing Committee recommends that all athletes write their names on the back of the bib number for safety reasons, namely because of some accident, physical problem or any other emergency that may occur during the race.

## **7- Insurance**

**7.1-** Athletes who are not registered at the Portuguese Athletics Federation will have a temporary personal insurance according to the Decree-Law no. 10/2009, 12th Janeiro.

**7.2-** Athletes registered at the Portuguese Athletics Federation will be covered by their respective insurance policy.

## **8- Medical Assistance**

**8.1-** The Organizing Committee will provide medical assistance throughout the whole course.

## **9- Standings**

**9.1-** General Individual Standing - Men and Women

**9.2-** Individual Standing by Categories.

**9.3-** Team standings.

**9.4-** For the team standings the first three athletes of each team will score, (regardless of the gender and age group). 1 point will be given to the first athlete, 2 points to the second one and so on. The winning team will be one with the lower score. In the event of a tie, it shall be resolved in favor of the team whose last scoring runner finishes nearest to the first place.

**9.5-** For standing purposes, the deadline to finish the race is 3 hours.

## **10- Awards-Half Marathon**

### **10.1- General Individual Standing - Men:**

1st Place – Gold Medal

Hotel stay (to be confirmed)

Free access to the VRSA sports center (1 week)

2nd Place – Silver Medal

Hotel stay (to be confirmed)

Free access to the VRSA sports center (4 days)

3rd Place – Bronze Medal

Hotel stay (to be confirmed)

Free access to the VRSA sports center (3 days)

4th Place – Bronze Medal

Hotel stay (to be confirmed)

Free access to the VRSA sports center (weekend)

5th Place – Bronze Medal

Hotel stay (to be confirmed)

Free access to the VRSA sports center (weekend)

### **10.2- General Individual Standing - Women**

1st Place – Gold Medal

Hotel stay (to be confirmed)

Free access to the VRSA sports center (1 week)

2nd Place – Silver Medal

Hotel stay (to be confirmed)

Free access to the VRSA sports center (4 days)

3rd Place – Bronze Medal

Hotel stay (to be confirmed)

Free access to the VRSA sports center (3 days)

4th Place – Bronze Medal

Hotel stay (to be confirmed)

Free access to the VRSA sports center (weekend)

5th Place – Bronze Medal

Hotel stay (to be confirmed)

Free access to the VRSA sports center (weekend)

**10.3-** Individual standing by categories:

Medal for the first three athletes in each category.

**10.4-** Team standings:

Trophy for the first three teams.

**10.5-** Mystery awards:

There will be a draw to give some gifts offered by local entities or companies.

**10.6-** The awards will be delivered after the event, near the finish line.

## **11-Awards-Mini Marathon**

**11.1-** General Individual Standing – Men and Women:

Medal for the first three athletes.

**11.2-** Individual standing by categories:

Medal for the first three athletes in each category.

**11.3-** Team standings:

Trophy for the first three teams.

**11.4-** The awards will be delivered after the event, near the finish line.

## **12- Disqualification:**

**12.1-** Regardless of any other causes stated in this regulation, an athlete will be disqualified if he/she:

- a) uses another athlete's number.
- b) damages the number.
- c) doesn't wear the number in the proper place since the chip may not be detected by the timing system.
- d) bends or folds the number to reduce its size.
- e) doesn't wear the number throughout the whole course.
- f) doesn't follow the signs or instructions of the referees or other officials.
- g) forges any data concerning the registration in the event.
- h) has an unsporting behavior or doesn't comply with the rules of this regulation, or the safety instructions provided by the Staff and other entities, before, during and after the race.

## **13- Disclaimer**

By registering in the event, athletes accept the following disclaimer:

- a) I read and agree with the Regulation of the Monte Gordo Beach Half Marathon and Mini Marathon.
- b) I am fit to participate in the event.
- c) If there is an emergency, I authorize the performance of any medical act and, if necessary, my transfer to a hospital.
- d) I am aware of the insurance policy and its specificities in this regulation.
- e) I willingly participate in the event and will not hold the Organizing Committee, partners, sponsors and any other related entities responsible for my participation in the race.

## **14- Image rights**

By registering in the event, the athlete authorizes the unconditional and free use of his/her image and its reproduction by the partners and sponsors of the event.

## **15-Protests**

Protests must be carried out according to the principles W.A.

A fee of 50 euros is due for every protest, which will be reimbursed if the protest is accepted.

## **16-Race Cancellation**

**16.1-** The event may be cancelled for reasons of force majeure, namely computer hacking, natural catastrophes, social disturbances, lack of electricity and pandemics that have a great impact on public health.

**16.2-** If the race is postponed, the Organizing Committee guarantees the immediate transfer of all athletes for the new date.

**16.3-** If the event is canceled by any force majeure reason, the registration fee will not be reimbursed.



## **17- General topics**

**17.1-** All athletes should perform a medical exam before the race.

**17.2-** The officials of the Algarve Athletics Association will be the referees of the race.

**17.3-** The Organizing Committee, in cooperation with the National Maritime Authority, will do everything to guarantee the safety of the athletes, but will not be held responsible for any accident during the race.

**17.4-** Shower rooms will be available for the athletes at Escola Básica de Monte Gordo. This school is about 350 meters from the start and finish line.

**17.5-** The arrival can be seen live at [www.aalgarve.org](http://www.aalgarve.org) .

**17.6-** All the protests should bear in mind the principle of the development of physical exercise for everyone.

**17.7-** All the situations not covered by this Regulation will be dealt with according to the Rules of World Athletics.

**17.8-** For any further information please contact the Organizing Committee through email: [gdpicni@gmail.com](mailto:gdpicni@gmail.com)

Accommodation information will be provided soon